



HAVERHILL CLASS SCHEDULE

Call (978)-905-6013

Text (978) 914-0679

www.5DragonsKarate.com

Email deshicomeau@yahoo.com

MONDAY

White/Orange Belts 5:30 pm
 Blue/Yellow Belts 6:30 pm
 Adults 7:30 pm

TUESDAY

K30X 7:00 am
 Blue/Yellow Belts 5:30pm
 Green/Brown Belts 6:30 pm
 Adults 7:30 pm

WEDNESDAY

White/Orange Belts 5:30 pm
 Brazilian Jiu-Jitsu 6:30 pm
 K30X Kickboxing 7:45pm
 K30X Kickboxing 8:15pm

THURSDAY

Little Dragons 5:00 pm
 Blue/Yellow Belts 5:30 pm
 Green/Brown Belts 6:30 pm
 Adults 7:30 pm

FRIDAY

White/Orange Belts 5:00 pm
 Sparring Class 5:45pm
 (All Ranks - Sparring Gear Mandatory)
Additional fee applies for sparring class

SATURDAY

K30X Kickboxing 7:45am
 K30X Kickboxing 8:30am
 Little Dragons 10:00 am
 White/Orange Belts 10:45 am
 Blue/Yellow Belts 11:30pm
 Adults + Family Class 12:30 pm
 Birthday Parties 2:00-4:30 pm



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