



SALISBURY FALL SCHEDULE

Call (978)-905-6013

Text (978) 914-0679

www.5DragonsKarate.com

Email deshicomeau@yahoo.com

MONDAY

Ages 4-6 4:45 - 5:15pm
 Ages 7-11 5:30 - 6:15pm
 Teen/Adult 6:30 - 7:15pm
 K30X Kickboxing 7:30 - 8pm

TUESDAY

Ages 4-6 5:00 - 5:30pm
 Ages 7-11 5:45 - 6:30pm
 K30X Kickboxing 6:45 - 7:15pm
 Teen/Adult 7:30 - 8:15pm

WEDNESDAY

K30X Kickboxing 11:30a - 12pm
 Ages 4-6 4:45 - 5:15pm
 Ages 7-11 5:30 - 6:15pm
 K30X Kickboxing 6:20 - 6:50pm

THURSDAY

Ages 4-6 4:45 - 5:15pm
 Private Lessons 5:30 - 6:15pm
 Ages 7-11 6:15 - 7:00pm
BLACK BELT TRAINING 7:00 - 7:45pm
 K30X Kickboxing 8:00 - 8:30pm

FRIDAY

K30X Kickboxing 11:30a - 12pm
 K30X Kickboxing 12:30 - 1pm
 Ages 4-6 5:00 - 5:30pm
 Ages 7-11 5:45 - 6:30pm
 Teen/Adult 6:45 - 7:30pm

SATURDAY

K30X Kickboxing 8:30 - 9:00pm
BLACK BELT TRAINING 9:15 - 10am
 Ages 4-6 10 - 10:30am
 Ages 7-11 10:30 - 11:15am
 Birthday Parties 11:30 - 1pm



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 Xtreme Karate
 Xtreme Comp
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